

Coronavirus Quick Guide for Parents and Carers

Harting Preschool - February 2021

What to do if...	Action needed	Back to preschool...
...my child has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that child is displaying symptoms of COVID-19 • Child should get a test • Whole household self-isolates while waiting for test result • Inform preschool immediately about test results 	...when child's test comes back negative, if they are NOT a known contact of a confirmed case, they feel well and they have not had a fever for 48 hours
...my child tests positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that your child has tested positive for COVID-19 • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) – <i>even if someone tests negative during those 14 days</i> 	<p>...when child feels better, and has been without a fever for at least 48 hours</p> <p>They can return to preschool after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p>
...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that a member of your household is displaying symptoms of COVID-19 • Household member with symptoms should get a test • Whole household isolates whilst waiting for a test result • Inform preschool immediately about test results 	...when household member test is negative, and child does not have COVID 19 symptoms*
...somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that a member of your household has tested positive for COVID-19 • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if non symptoms) – <i>even if someone tests negative during those 14 days</i> 	...when child has completed 14 days of self-isolation, even if they test negative during the 14 days

***Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at:**

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if...	Action needed	Back to preschool...
...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that your child has been identified as a 'close contact' • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too or develop symptoms themselves 	...when the child has completed 14 days of self isolation, even if they test negative during those 14 days
...we / my child has travelled and has to self-isolate as part of a period of quarantine	<ul style="list-style-type: none"> • Consider quarantine requirements and FCO advice when booking travel <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that you / your child is in quarantine • The child and fellow travellers self-isolate for 14 days – even if they test negative during those 14 days 	...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days
...we have received advice from a medical / official source that my child must resume shielding	<ul style="list-style-type: none"> • Child shouldn't attend preschool, please inform staff that your child is shielding • Contact preschool as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	...when nursery / other agencies inform you that restrictions have been lifted and your child can return to preschool again
...I am not sure who should get a test for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who test positive 	...when conditions above, as matching your situation, are met